

A watercolor painting of a yellow flower, possibly a daisy or similar, with many small petals. The background is a mix of light blue, green, and yellow washes. The text is overlaid on the flower.

**I am free to  
release dis-ease.**

**I stand strong in  
my own sacred  
identity.**

**I am whole and  
worthy of health!**

*Blue Felisha Energetics, LLC*  
*Artwork by Amy Dove*  
*[www.blue-felisha.com](http://www.blue-felisha.com)*